## Notes ATT 7/21/21 Inspirations from Rochelle Robinson

Note on slates – It's so good to know where you plug in, but know that there are 10 more roles you could easily plug yourself into.

The Little Button – This is a little moment at the end of your audition/reading/slate which makes it your moment. Even if it is just a look. Pop in something fun, a word or a short line but don't get carried away. Don't make a mouthful out of a morsel, throw it away like you would in person. In a reading know your place in the story.

Do one thing for your career every day. Go to gym, read a play, mimic a tv actor, repeat dialogue, watch tv with the sound off, read out loud, watch good actors on you tube. This beats constantly checking email and waiting for the phone to ring. Do a casting director workshop, work locally in small theater, do what's right for you but do something each day. Make dinner in character.

Prep – Read script ahead of time, write words out phonetically. If there is no script give yourself a back story and make the sides your own. Take an improv class and learn to think on your feet. Use your nerves!

General rule – BE NICE TO EVERYONE. The lady who checks you in may one day be casting director. Be respectful and kind. Be on time, better yet be early. This business is populated by really nice people. Be at ease if you are on set you belong there, you earned it, enjoy it and shine, don't let anyone make you feel uncomfortable. They didn't book you because they don't like you, have fun you will be at your best. Don't go out of your way to be different, you already are.

Your next job will come when you least expect it. You are an actor every day. Keep pursuing practicing and have a good day job! Be good to yourself there's plenty out there that would beat you down. Don't judge yourself by someone else's highlight reel. Pull something from your life, take everything as a gift, even a disappointment.

I will help you, let me know what you are doing, use it, it's good karma!

Submitted by Harriet Dobin