

A sincere THANK YOU to those who contributed to these Takeaways, which will go to Cathy Reinking later this evening.

A thought to pass one...A BIG PART of what we are all about is the manner in which we OPEN DOORS to others in the industry, for each other.

We USUALLY provide an email when post these Takeaways on our Group Page. That contact info is USELESS if you don't use it, follow up AND establish your OWN personal connection to our guests.

It is IN THOSE OUTREACHES that you can reference that VERY SPECIFIC thing they said that serves as a commonality between you, the THING THEY SAID maybe did NOT stick out to others in the group. Doing so in our session... well, you might be taking away that entree that will make your follow up, SPECIFIC, MEMORABLE AND help establish an ongoing rapport.

OK - off my soapbox - but I hope that is valuable food for thought!

Takeaways from Actors' Think Tank

October 13, 2021

Cathy Reinking - Casting Director/Writer/Coach

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Lindsay Reed

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If there is a character description, cross it out. Just be you! The character descriptions are one dimensional and characters need to have many dimensions.

Ana Hoffman

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Tell your own story. Create your own content. Its essential.

Sandra Bulk

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First of all, "just be you." Second, Cathy really opened my eyes when she said, "Atlanta has more opportunity than any other city. There's more shooting here than NYC or LA." I kind of want to move to Atlanta now!

Shelby Hightower

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Be your authentic self - the light and the dark.

Kelly McCaughan

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Keep performing out in the world on stage as much as possible.

Mike Provenzano

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I didn't catch the entire meeting today but I really enjoyed Cathy's direct opinions about so many different things today. I love the tip about actors should create their own content and then share on IGTV and Tik Tok. Never thought to put content out that way.

Paula Lee Miccaulif

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Firstly, I would like to thank Cathy and Justine for a great session.

The advice was priceless and the takeaway I received was to get out there constantly with content, performance and networking.

Rich Henkels

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"Top Casting Directors have that skill, the ability to very quickly read a person. It's a skill they HAVE to develop, or they won't be successful. They get so many auditions/clips/self-tapes, they don't have time to "hem and haw" or wade through long submissions." Make your slate, the first 5 seconds, count!

Colleen Wyse

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"It is essential to create your own content. Be the lead in Your story."

Paul Blumenthal

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She suggests creating your own content, performing and telling your own story, and always deconstruct negative images by being real, relaxed and emotionally connected.

Harriet Dobin

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Don't be slick, fake or someone else. Tell your own story. Be really authentic to who you are.

If Casting really likes you we will keep bringing you in for stuff. If you are really good at it you will be found.

Erin Ashley

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My takeaway is in ALL things, BE YOURSELF!!! In your slate show your essence and energy do they get a feel for the person you are. When you're acting, don't act!! Forget the character descriptions and just be you in whatever situation the character is in.

Diana Wrobel

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Casting directors don't want you to be slick, or fake, they just want you to be you.

Stacey Marie Keba

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Create original content for tiktok.

Lisa Minakowski

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"Just be you, have charisma and show your dark and light qualities in all scenes!"

Luca Cundo

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Cathy was amazing. She is very correct in talking about being a local hire and talking about as tv being the bread and butter for an actor.

Rosalyn Jamal

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My take away from Cathy is that she is not in favor of slates or self tapes and that we should always be our unique self.

Shelley Brietling

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Interesting to know that as a Casting Director, Cathy believes that in an audition, it is best to cross out the character description and don't follow the directions in the script. Just be your unique self...in any role or audition. Know yourself and be yourself. Understand that YOU are enough. Bring yourself to the character and make it your own.